

LINDERO CANYON MIDDLE SCHOOL

PHYSICAL EDUCATION DEPARTMENT August, 2019

Dear Parent:

Welcome to Lindero Canyon Physical Education. Our department is pleased to have your child be part of our exciting Physical Education program during the 2019-2020 school year.

This year in Physical Education, your child will be participating in exciting and perhaps different units. In other words, not just the traditional sports. The emphasis for 6th grade will be on “cooperative challenges”, 7th grade will focus on “individual challenges” and the 8th grade emphasis will be “working as a team to solve problems.” Students will be striving to reach their personal best in both group and individual activities. These units have been specially designed and we feel the program will motivate and challenge your child to be successful.

Physical Education standards have been developed to encompass more than just “playing”. The curriculum incorporates responsibility, leadership, sportsmanship, knowledge of game, terminology and skill development.

LVUSD Physical Education Grading Guidelines Academic Grade

1. Daily Classwork-60%

- *warm-ups-daily routine
- *physical fitness
- *instruction-drills
- *daily assignments
- *self-responsibility, group dynamics, social interaction

2. Progress and Achievement-40%

- *Written and skills / tests
- *Fitness Assessment-held to state standards
- *Portfolio/Notebook

Citizenship Grade

0-1 infractions per quarter= O

2-3 infractions per quarter= S

4-6 infractions per quarter= N

7+ infractions per quarter= U

Infractions

1. Student will obey school and class rules.
2. Student will respect public and personal property.
3. Student will maintain courteous, cooperative relations with teachers and fellow students.
4. Students will work without disturbing others.

In order to help your child succeed, the Physical Education department guidelines have been included in your student's Binder Reminder on pages 17-19, our P.E. Department website and individual teacher web pages. This is to be read by both parent and student. This will help everyone involved better understand what is expected of students enrolled in physical education class. . For example: "Pantsing" is a silly game students play outside of school. But in school "Pantsing" is a serious offense that is classified as sexual harassment and will be pursued as such. So please review the reminder binder and help us reiterate the importance of appropriate school and class behavior on the second page of this letter, there is a section for parent and student signatures plus a section for medical information. Please use this form to let your teacher know of any medical or physical limitations. **ALL STUDENTS ARE TO RETURN THE SIGNED LAST PAGE.**

We are looking forward to meeting you on Back to School Night. We will be discussing our Physical Education Curriculum, Behavior Expectations and Grading. This is an important event and can answer numerous questions. Yes, Physical Education is co-ed.

Communication between parents and teachers is a valuable tool towards the success of a student. Please feel free to contact your child's teacher at school if you have any questions or concerns. Email is the preferred method of contact and will ensure the quickest response.

P.E. Department Web Page-<http://www.linderocanyonmiddleschool.net>

Mrs. Avery 889-2134 x240 lavery@lvusd.org

Mr. Hare 889-2134 x239 jhare@lvusd.org

Mrs. Hoffmaster 889-2134 x240 dhoffmaster@lvusd.org

Mrs. Scott 889-2134 x240 wscott@lvusd.org

Please check off the following boxes:

- My parent(s) and I have read and understood this course outline.
- My parent(s) and I have reviewed the class / teacher website and understand what is to be required of me this year in Physical Education.
- My child has NO known medical issues at this time.**
- My child has the following medical condition: _____ . **If your child has any known medical issues please list below. (i.e. allergies to bees, grass, asthma, servers, flat feet, tendonitis, etc.)**

Please explain below and attach a Doctors note

Student Name _____ Per. ____ Teacher _____

Student Signature _____

Parent Signature _____

Parent Contact Information:

Name: _____

Phone Number: _____

Email: _____

Questions/Comments: _____
