



# Las Virgenes USD



## Welcomes Guest Speaker

# Dr. Jennifer Silvers

## **An Unprecedented Disruption: How to Support Adolescents through the Pandemic**

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## **Nov. 16th at 6:00 PM**

Keynote address by Dr. Silvers will be followed by a panel discussion.

Click [HERE](#) to Watch the Free Webinar

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*Adolescents have been uniquely impacted by the Pandemic. Some are struggling with increased stress and anxiety; some are relearning how to socialize appropriately; some are misbehaving to gain adult attention.*

*Would you like to know more about how to support adolescents through this unprecedented time?*

*Join Dr. Jennifer Silvers, Assistant Professor of Psychology at UCLA, and Director of the Social Affective Neuroscience and Development Laboratory, Dr. Kate Vadehra, pediatrician and LVUSD Board member, Dr. Dan Stepenosky, Superintendent, and other LVUSD staff to hear more about what we can do for our adolescents during this time.*

*Dr. Silvers will share current research regarding the advances in brain research and adolescent development in general and throughout the Pandemic. She and our panelists will answer questions and give practical tips you can use right away!*