



# DAILY HOME HEALTH SCREENING

## SYMPTOM CHECK

Symptoms commonly found with COVID-19 and other viral infections:

- Sore throat
- Congestion
- Runny nose
- Nausea/Vomiting/Diarrhea
- Headache
- Fatigue/Muscle Aches
- Body Aches/Chills

Symptoms frequently associated with COVID-19:

- Fever (100.4 or higher)
- Cough
- Vomiting/Diarrhea

1

**SYMPTOM CHECK:** Check in with your child each morning for signs of illness. If your child has any of the symptoms outlined here, they should stay home from school.

2

Notify the school if your child is absent for illness.

3

**CLOSE CONTACT CHECK:** Unvaccinated students are required to stay home from school if they have been in close contact with someone in the community or household who has tested positive for COVID-19. Please request quarantine information from your student's school.

### What is a close contact?

Being within 6 feet for a cumulative total of 15 minutes over a 24 hour period with someone who has tested positive for COVID-19.

# WHAT HAPPENS IF MY STUDENT TESTS POSITIVE OR BECOMES A CLOSE CONTACT?



1

School is notified that a student tested positive for COVID-19.

2

District Nurse and school staff identify the close contacts of student who tested positive.

3

District Nurse and school staff notify close contacts.

## Student Tests Positive with Symptoms

Child must stay home:

- At least 5 days have passed since symptoms first started AND
- They have a negative viral COVID-19 test (antigen or home) collected on day 5 or later AND
- They have not had a fever for at least 24 hours (without fever reducing medication) AND
- Their symptoms are improving

## Community or Household Exposure with an Unvaccinated Close Contact

Unvaccinated child must stay home until:

- At least 5 days have passed AND
- They have a negative viral COVID-19 test (antigen or home) collected on day 5 or later AND
- They do not have symptoms consistent with COVID

## Student Tests Positive with No Symptoms

Child must stay home:

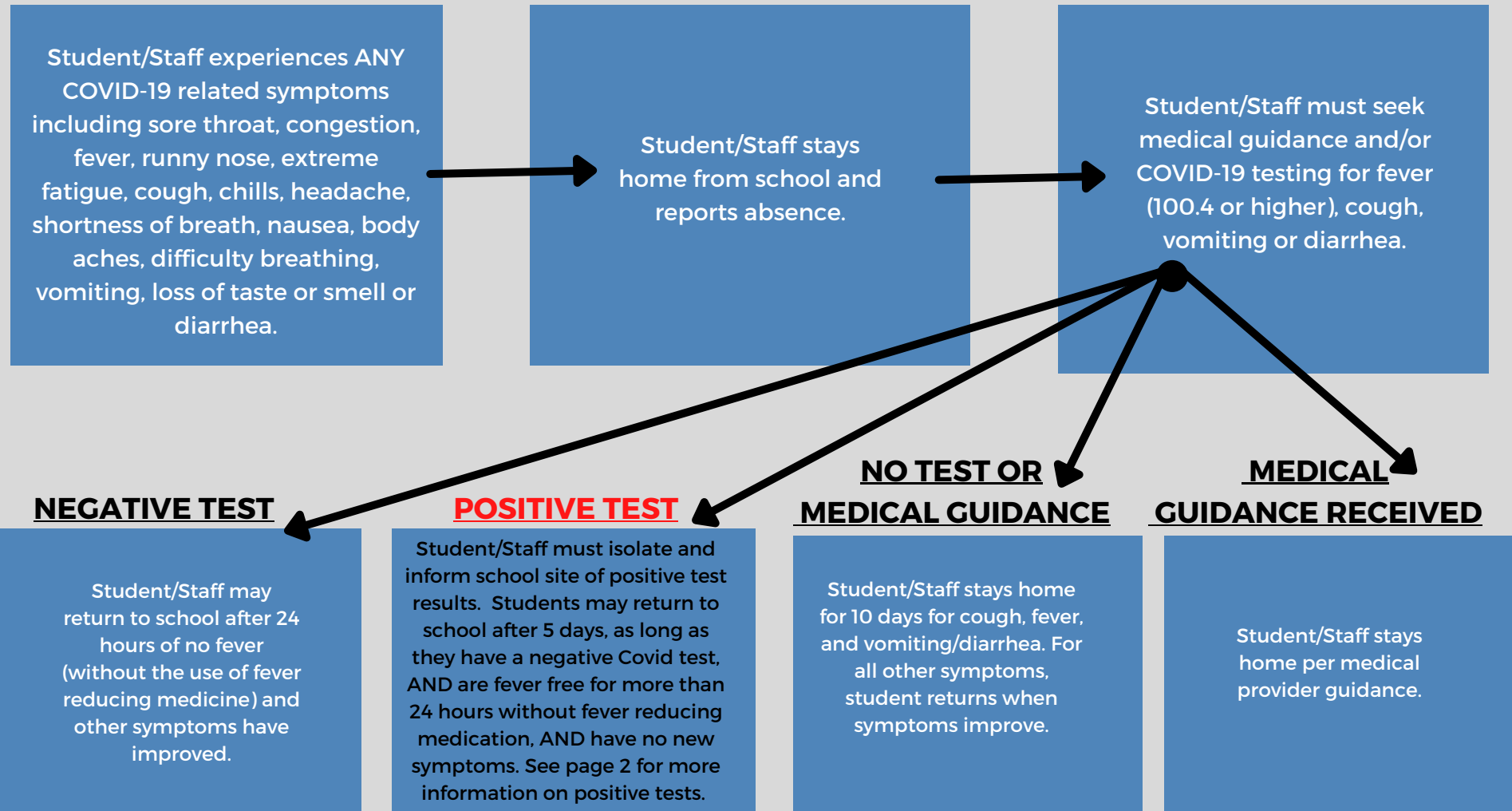
- At least 5 days have passed since the day their initial positive test was taken AND
- They have a negative viral COVID-19 test (home or antigen) collected on day 5 or later

## Community or Household Exposure with a Vaccinated Close Contact

Fully vaccinated children are not required to isolate, but must test on day 5 after exposure.

**If your child cannot meet the above criteria, they will need to quarantine a full 10 days.**

# WHAT HAPPENS IF A STUDENT OR STAFF HAS SYMPTOMS AND/OR TESTS POSITIVE FOR COVID-19?



\*Information on the page is determined by guidance from the Los Angeles County Department of Public Health.