

LAS VIRGENES UNIFIED SCHOOL DISTRICT

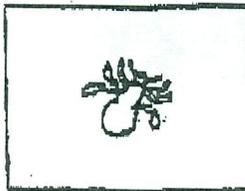
Dear Parent/Guardian:

Some cases of pediculosis (head lice) have been reported at your child's school. Head lice are easily spread from person to person, especially among young children who have close contact with one another. Any child with head lice or nits (the small lice eggs attached to the hair) is excluded from school until all lice and nits are removed.

The following information will help you identify head lice and nits: Look at your child's head carefully, especially underneath the hair, behind the ears and at the base of the neck/hairline. Lice are grayish tan, cylindrical in shape and about 1/8" long. They move quickly and are not seen as often as the nits they lay. Nits are white or yellow, round or oval in shape, about the size of a small pinhead, and are cemented to the hair shaft.



NIT



NYMPH



ADULT

TO CORRECT THE PROBLEM

1. Use a lice-treatment product available either by prescription from a physician or over-the-counter treatments found at the drugstores or health food stores. Follow the product directions carefully. Most products require re-application in 7 to 10 days.
2. Next, remove all nits by combing the hair strand by strand, inch by inch, using a fine-toothed comb made particularly for this purpose.
3. Inspect all household members at the same time to prevent transfer from person to person.
4. All bedding and clothing that has been in contact with infected persons must be washed and dried on the hottest cycles possible or else dry cleaned. Do this on the same day that the hair is treated.
5. Clean combs, brushes and other hair accessories by boiling or by using the same medication used on the hair. (Teach your children not to share these items.)
6. Seal non-washable items such as dolls or stuffed animals in plastic bags for 2 weeks.
7. Vacuum couches, carpets, etc. thoroughly. (Check with a pharmacist before using insect sprays.)

Children who have had head lice and have been treated must go to the health office to be checked before returning to school. Please check your children frequently and notify the school if there is any indication of head lice. This will help us to stop the spread of head lice within the school and chance of your child being re-infested.

Thank you for your cooperation.